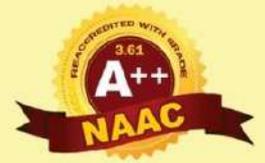




The Health Club of

ANNAMMAL COLLEGE OF EDUCATION FOR WOMEN

Accredited by NAAC (III Cycle) with A++ (CGPA: 3.61)
Thoothukudi



organises

Food Fiesta-2025

Cooking Competition - Theme: Fireless Cooking

Venue: Shenbagamurthi Hall

Date: **03.09.2025**

Time: 3.00 p.m. to 4.00 p.m.

Rules for fireless cooking competition

1. Participants should not bring any pre-cooked items.
2. Pre-registration mandatory
3. Two members should be in a team to participate in the event.
4. Participants are supposed to display a chart having the name and ingredients for each dish they have prepared.
5. The participants themselves should bring all the items required for cooking, including water. Only a working table will be provided.
6. Dishes should be purely vegetarian.
7. Participants should not bring any cut, chopped or grates raw materials. They should process it on the spot within allotted time.
8. Participants can bring non-electric equipment like a mixer, chopper, juicer, grater etc.,
9. The evaluation will be based on the taste of the dish, nutritional level, cleanliness, and presentation, and the unique name of the dish

Mr. S. Muralidharan, Secretary

Dr. A. Joycilin Shermila, Principal

Mrs. R. Pon Selvi, Mrs. K. C. Shunmuga Priya, Health Club Coordinators

