



ANNAMMAL COLLEGE OF EDUCATION FOR WOMEN

Accredited by NAAC (III Cycle) with A++ (CGPA: 3.61)
Tiruchendur Road, Thoothukudi - 628003



COUNSELLING CELL

Counselling Cell of ACE aims to facilitate personal well being of the students through support and guidance of a qualified team of faculty members as counsellors, for a healthy mind and body. The Counselling Cell encourages the students to understand themselves and guides them to resolve their problems



Objectives

- To help the student to understand their own potential and to become self-actualized individuals
- To create awareness about issues and problems related to the mental health of students
- To help the students in solving their personal, educational, social as well as psychological problems
- To enable students to cope effectively with the problems they face

Activities

- Identifying students who require help
- Solving personal problems of students by conducting individual counselling sessions
- Organizing lectures, seminars and workshops for students on mental health
- Referring the students to psychiatrics or counsellors for guidance

COORDINATORS:

- Dr. S. Emimah,
Assistant Professor of Education
- Dr.P.Lavanya,
Assistant Professor of Tamil

MEMBERS

- Dr. N. Sudha Kumari,
Assistant Professor of Education
- Dr. A. Vinothini Sylvia,
Assistant Professor of Education
- Dr. K. E. Valarmathi,
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